

Paula Teacher & Associates Inc.

Provides a full range of community-based services for individuals with mental health needs. Whether those needs are behavioral, educational, social or rehabilitative, we have the skills, the experience and the dedication to effect positive outcomes.

For over 20 years, we've served thousands of individuals throughout the region. Our goal is to enhance to quality of life for each individual referred to us. Our passion is to make breakthroughs happen— every day.

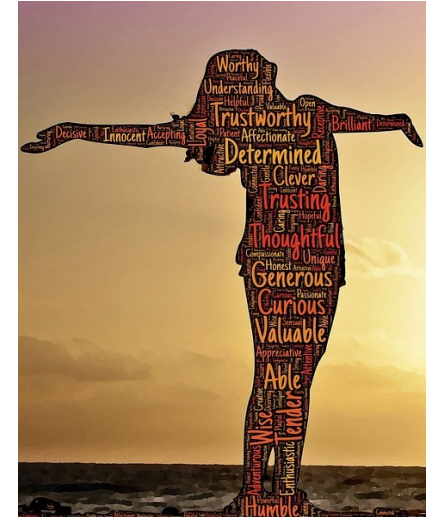


MOBILE PSYCHIATRIC REHABILITATION

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MOBILE PSYCHIATRIC REHABILITATION



Offering a community-based, goal oriented program designed to assist adults with chronic mental health

Our passion is to make breakthroughs happen— every day.

Mobile Psychiatric Rehabilitation Program

Offering a community-based, goal oriented program designed to assist adults with chronic mental health needs.

Mobile Psychiatric Rehabilitation is funded by Value Behavioral Health and Westmoreland County MH/MR to help individuals residing within Westmoreland county cope with and move beyond personal challenges in order to build satisfying lives within their community.

GOAL- ORIENTED

Programs are designed to empower individuals, build self confidence, enhance each person's ability to function successfully and independently. The overriding purpose is always the same: to help each person reach his or her personal goals.



Our Mission

To help individuals with mental illness, in achieving their needs and self-determined goals. The fundamental values of the program include respecting the worth, dignity and uniqueness of all persons, as well as their rights, opportunities and obligations within a safe and caring environment.

Persons living with mental illness partner with the mobile psychiatric rehabilitation practitioner in choosing, achieving, or maintaining individualized rehabilitation goals focusing on recovery in one of the following domains: Living, Learning, Working or Social.



Mobile Psychiatric Rehabilitation

Empowers individuals with mental illness to identify, initiate and take responsibility for personally chosen goals related to all aspects of their life. Through

one on one interventions, individual goals and objectives are addressed to help individuals develop the skills necessary for their recovery journey.



**For More Information Please Call
412 744 4073 Ext 205**

Eligibility

Individuals are eligible for Mobile Psychiatric Rehabilitation if they have a diagnosis of major mental illness to include:

- ◇Schizophrenia
- ◇Major Mood Disorder
- ◇Psychotic Disorder NOS
- ◇Schizoaffective Disorder
- ◇Borderline Personality Disorder

In addition to the diagnosis, an individual must also experience impairments that limit their ability to succeed in major activities of daily living. We can assist participants in developing and attaining goals in the following areas:

- ◇Obtaining or maintaining stable housing
- ◇Securing and maintaining employment
- ◇Educational goals
- ◇Managing illness and sustaining wellness
- ◇Engaging in meaningful social and community roles

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